



# 2015 TAEKWONDO STATE CHAMPIONSHIP

## EVENT PACKET



Illinois Taekwondo  
State Association

[www.illinoistaekwondo.com](http://www.illinoistaekwondo.com)

# TABLE OF CONTENTS

---

<b>WELCOME</b>	<b>3</b>
<b>VENUE</b>	<b>4</b>
NORTH CENTRAL COLLEGE	4
<b>LODGING</b>	<b>4</b>
CHICAGO MARRIOTT NAPERVILLE	4
ADDRESS	4
RESERVATIONS	5
ABOUT	5
HOTEL AMENITIES	5
<b>Athletes Qualification and Division</b>	<b>6</b>
<b>2015 USAT National Championship Qualifications</b>	<b>7</b>
<b>World Class vs Grass Root</b>	<b>7</b>
<b>Competition Rules and Requirements</b>	<b>8</b>
<b>Coaching Requirements</b>	<b>8</b>
<b>COMPETITION EVENTS</b>	<b>9</b>
POOMSAE (FORMS)	9
SPARRING	10
BOARD BREAKING	10
WEAPONS-WILL NOT BE AN EVENT	10
REGISTER ONLINE	11
REGISTRATION FEE	11
REGISTRATION DEADLINE	11
<b>SCHEDULE</b>	<b>12</b>
MARCH 13, 2015: WEIGH-IN AND REGISTRATION	12
MARCH 14, 2015: COMPETITION BEGINS-9:00 AM	12
<b>GOVERNANCE, REQUIREMENTS, AND RULES</b>	<b>13</b>
GOVERNANCE	13
REQUIREMENTS	15

## **WELCOME!**

---

Happy New Years to all! The Illinois Taekwondo State Association (ITSA) is excited about 2015 state championships. This year ITSA looks forward to your participation once again.

We are going to keep that momentum moving forward, and 2015 is going to be a great year for taekwondo in Illinois. The Illinois Taekwondo State Association (ITSA) is putting many new programs in place to help advance the sport throughout our state. In addition, we will be raising the visibility of taekwondo to a height never seen before in Illinois; this is an exciting time.

ITSA is looking for the top poomse and sparring athletes in Illinois, along with their masters, to compete for the State of Illinois TKD Team at local, national, and international competitions throughout 2015. It is our intent to help prepare the best of the best, to represent Illinois and the United States in competitions throughout the world.

### **ITSA Goals for 2015**

- Support athletes by hosting high level trainings
- Support athletes to compete in one international competition
- Top 4 black belts cadets and Juniors will qualify for state team trials
- Support referees by hosting certified referee seminars
- Referees will get points for working in selected tournaments

ITSA also wants to thank all the **volunteers** who work late into the night to make each event we host a success. As always, we wish to thank all schools and their **masters** and **instructors** who help organize and run these events. To the **parents**- thanks again for your support. We know getting your competitors to the event is not always easy and we do appreciate your support.

This packet of information explains how your athletes can earn the right to compete at the USA Taekwondo National Championship – being held in Orlando Florida, July 2015. Participation in a USAT National event is a highlight in many athletes' careers, and is a major step toward being asked to represent the USA on a National or Olympic team.

Please review the following event packet in its entirety and feel free to contact me.

### **Stay Informed:**

- Visit the ITSA website at: <http://www.illinoistaekwondo.com>
- Check us out on Facebook:
- [www.facebook.com/pages/Illinois-Taekwondo-State-Association/189211074426160](http://www.facebook.com/pages/Illinois-Taekwondo-State-Association/189211074426160)
- Follow us on Twitter: [@illinoistkd](https://twitter.com/illinoistkd)

### **Thank you and Welcome!**

**Master Luciano Medina,**

USAT Illinois State President

USAT National Coach Director



# ILLINOIS TAEKWONDO STATE CHAMPIONSHIP



**North Central college  
Merner Field House**  
450 S. Brainard St.  
Naperville, IL. 605040

## VENUE

### North Central college Merner Field House

450 S. Brainard St.  
Naperville, IL. 605040

### The Gym

The gym is big enough to set 12 competition rings and over 2000 spectators sitting. We will set 6 or 8 rings depend on the amount of athletes registered.

### Registration and Weigh-in

Registration and weigh-in is on **Friday, March 13** at the Chicago Marriott in Naperville.

All athletes for sparring must weigh-in on Friday in order to compete on Saturday, all other divisions also need to check-in and pick up the credentials on Friday, no need to weigh-in



## LODGING

Illinois Taekwondo State Association is proud to announce

**Marriott Chicago Naperville**  
as the Official Sponsor of Rest and Relaxation!

The Chicago Marriott Naperville welcomes you with contemporary design, innovative technology, and a warm and hospitable atmosphere. Comfort is a given, with spacious guest rooms featuring luxury linens, marble bathrooms, flat panel TVs, and more. Technology fits the way you work and play. All rooms have internet access and offer the ability to integrate all of your devices with our unique connectivity panel.

## SERVICE AND AMENITIES

- Marriott's New Great Room Design
- Full service restaurant, lounge and room service
- Indoor swimming pool with patio area
- Complimentary fitness center and business center
- Complimentary parking / motor coach parking
- Concierge level

## RESERVATIONS

**Special Note:** There are limited number of rooms available under the group rate of only \$89.00 To ensure you receive the best rate possible under the group pricing please make your reservation soon!

**Marriott**  
CHICAGO  
NAPERVILLE

1801 North Naper Boulevard  
Naperville, Illinois 60563  
Tel: (630) 505-4900



Special Pricing for the 2015 Illinois Taekwondo State Championship

**\$89.00** (for single / Double / Triple / Quad)

## Athlete Qualifications & Divisions

The Illinois State Championship will use the same age, belt color, weight categories and rules that are followed at the USAT National Championships.

\*\*USAT uses the date December 31 of the given year (December 31, 2015) to determine the age of all competitors. For example: an athlete turns 10 on October 26, 2015, so they would compete as a 10 year old in the given event, even though they are 9 years old at the time of the event for all divisions. The exception to this rule are those divisions in which an athlete is eligible to make the USAT National Team which would be competing in a Championship (World or Pan Am) or Olympic Games and the team trials are being held the following year. These divisions include 12-14 (Cadet) World Class Sparring, 15-17 (Junior) World Class Sparring and 17-32 (Senior) World Class Sparring black belt divisions. Athletes competing to qualify for the following year's Team trials may compete if they would be the required age at the time of the Championships mentioned above. For example if an athlete will turn 15 anytime during the year of the Junior World or Pan Am Championships they are eligible to compete in the prior year's State Championships as the State Championships generally serve as the 1st qualifying step to Team Trials.

The Illinois State Championship is a direct qualifier for the USAT National Championships. For certain divisions an athlete must be a U.S. Citizen in order to compete in. Those divisions are usually ones that lead to USA Taekwondo National Teams or Team Trials. **Basic rule is 12 and older (black belts) competing in sparring or poomsae must be a U.S. Citizen.**

Proof of Citizenship is fulfilled only by showing a U.S. Birth Certificate or U.S. Passport. Social Security Cards **DO NOT** prove U.S. Citizenship.

Proof of Residency is fulfilled only by showing one of the following documents: Social Security Card, Green Card, school report card/official U.S. college transcript, and in some circumstances a valid U.S. driver's license.

**If an individual is not a valid resident or U.S. citizen he/she will not be allowed to compete at the USAT National Championships or State Championships period. This rule must be enforced by all State Associations. If it is deemed that the State Association allowed participation from a non-resident or non-citizen USAT may reconsider approving the State Association for the following year.**

## 2015 USAT National Championships Qualifications

All athletes **\*\*participating** in the following divisions at the Illinois State Championship will automatically qualify to compete at the USAT National Championships.

**\*\*The word *participating means* athletes must have officially weighed-in at the event scales and/or participated on the competition mats in front of the event referees and received a place within the division.\*\***

**SPARRING:** All Belts – Dragon(6-7), Ninja(8-9), Youth(10-11), Cadet(12-14), Junior(15-17), Senior(17-32) & Ultra (33+)

**POOMSAE:** All Belts – Dragon(6-7), Ninja(8-9), Youth(10-11), Cadet(12-14), Under 40 (31-40), Under 50 (41-50), Under 60 (51-60), Under 65 (61-65), Over 65 (66+) (Pairs, Teams and Freestyle)

**\*\*An athlete MAY NOT QUALIFY in the same WORLD CLASS weight (sparring) and/or age category (poomsae) in MULTIPLE STATE CHAMPIONSHIPS. Athletes found doing so may jeopardize their qualification for the USAT National Championships. \*\***

**Athletes must compete in the age category according to the age he/she will be as of December 31, 2015.**

### World Class vs. Grass Roots

Starting in 2015 the only divisions that will have both a World Class and a Grassroots Division will be Cadet SPARRING black belts. For these black belt divisions all athletes ***placing in the top 4 (top 8 for those state with “larger” state championships; example California and Texas) per weight category*** at a sanctioned USAT State Championship will automatically qualify to compete in the World Class Divisions at the USAT National Championships. Those athletes placing outside the top 4 will qualify for the Grass Roots divisions at the USAT National Championships.

***Cadet Poomsae; Junior Poomsae and Sparring; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions).*** Those athletes that “participate” at a USA Taekwondo State Championships in the these black belt divisions will qualify for the World Class Divisions.

### Misc. Information

If an athlete wants to compete in both Junior and Senior divisions, they must compete and qualify for both divisions. Winner of the Cadet Grassroots divisions will no longer qualify for the World Class division because Grassroots division will use Junior Safety Rules and World Class divisions will use full head contact rules (see competition rules for full explanation of rules). Once qualified for World Class, an athlete is not eligible for Grass Roots divisions.

Exception – A coach/parent must provide the USAT Director of Events a legitimate reason why an athlete should not compete in the World Class division. If approved, the athlete will be placed in appropriate Grass Root division.

ALL athletes **MUST** participate in a State Championship to compete at a The USA Taekwondo National Championship. If an athlete is in a state that does not host a State Championship, then will need to participate in another State’s championship.

## **Competition Rules & Requirements**

The Illinois State Championships will follow the USA Taekwondo rules and regulations. For current sparring and poomsae rules please refer to USAT competition rules.

ALL athletes will be required to wear USAT or WTF approved Dobok and Equipment. This will be strictly enforced by State Association and the assigned referees.

### **Official Uniform (Dobok):**

All contestants must wear a white Taekwondo V-neck USAT/WTF uniform (dobok) in good condition. Black Belts must wear black-collared uniforms. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed. **NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM.** (Exception: Taping the pants leg when using Protector and Scoring System sensor socks.)

Sparring – The Illinois State Championships **is REQUIRED** to use electronic scoring. It is recommended to use electronic body protector scoring. Daedo Truescore is the official sponsor of USA Taekwondo. We recommend each state association use them, but other electronic systems may be used.

Poomsae – The Illinois State Championships may choose the format they will follow for Poomsae divisions. Acceptable formats include, single elimination, double elimination, WTF cut-off, and judged format.

**\*\*Weigh-In** for sparring competitors **are REQUIRED** to be held the day before the day of each sparring divisions.

Competition Area – The Illinois State Championships will use a ring size of 8m x 8m with a 1m safety border on each ring. A 10ft. safety zone should be the minimum between rings.

## **Coaching Requirements**

All coaches **ARE** required to hold at minimum an Associate Coach (AC) Certification within the USA Taekwondo CIDP program and be a current member and taken and cleared a background check (every 2 years) of USA Taekwondo. Coaches may obtain the AC certification by passing the Associate Coach Quiz within the Hang-a-star system. AC Coach Quiz should be completed at least 3 business days prior to a registration deadline to allow for grading.

To obtain a USA Taekwondo CIDP AC certification, please use the following link.

<http://www.teamusa.org/USA-Taekwondo/Coaching.aspx>

In order to coach in the World Class cadet (12-14), junior (15-17) and/or senior (17-32) black belts in both sparring and poomsae at the USAT National Championships, coaches must have a Level 1 certification through the USAT CIDP program. More information about the Level 1 certification can be found at the following link.

<http://www.teamusa.org/USA-Taekwondo/Coaching/Level-1-Seminar.aspx>



## COMPETITION EVENTS

Individual Poomsae			
Color Belts (Yellow, Green, Blue, Red)		Black Belt Rank: 1 <sup>st</sup> -9 <sup>th</sup>	
Division	Age Group	Division	Age Group
Dragon	6-7	Dragon	6-7
Ninja	8-9	Ninja	8-9
Youth	10-11	Youth	10-11
Cadet	12-14	Cadet	12-14
Junior	15-17	Junior	15-17
1st Senior	18-29	1 <sup>st</sup> Senior	18-29
2nd Senior	30-39	2nd Senior	30-39
1st Masters	40-49	1 <sup>st</sup> Masters	40-49
2 <sup>nd</sup> Masters	50-59	2 <sup>nd</sup> Masters	50-59
3 <sup>rd</sup> Masters	60-69	3 <sup>rd</sup> Masters	60-69

Team Poomsae			
TEAM POOMSAE IS MADE UP OF 3 ATHLETE OF THE SAME GENDER			
Color Belts (Yellow, Green, Blue, Red)		Black Belt Rank: 1 <sup>st</sup> -9 <sup>th</sup>	
Division	Age Group	Division	Age Group
Dragon	6-7	Dragon	6-7
Ninja	8-9	Ninja	8-9
Youth	10-11	Youth	10-11
Cadet	12-14	Cadet	12-14
1st Team	15-29	1 <sup>st</sup> Team	15-29
2nd Team	30+	2nd Team	30+

Co-ed Pairs Poomsae			
CO-ED PAIRS POOMSAE IS MADE UP OF 2 ATHLETE OF DIFFERENT GENDER			
Color Belts (Yellow, Green, Blue, Red)		Black Belt Rank: 1 <sup>st</sup> -9 <sup>th</sup>	
Division	Age Group	Division	Age Group
Dragon	6-7	Dragon	6-7
Ninja	8-9	Ninja	8-9
Youth	10-11	Youth	10-11
Cadet	12-14	Cadet	12-14
1st Team	15-29	1 <sup>st</sup> Team	15-29
2nd Team	30+	2nd Team	30+

## SPARRING

Color Belts (Yellow, Green, Blue, Red)		Black Belt	
Division	Age Group	Division	Age Group
Dragon	6-7	Dragon	6-7
Ninja	8-9	Ninja	8-9
Youth	10-11	Youth	10-11
Cadet	12-14	Cadet	12-14
Junior	15-17	Junior <sup>*,**</sup>	15-17
Senior	17-32	Senior <sup>*,**</sup>	17-32
Ultra	33+	Ultra	33+

Black Belt Weight Divisions		
	Men's Division	Women's Division
<b>Fin</b>	Not exceeding 119.0 lbs (Not exceeding 54 kg)	Not exceeding 101.4 lbs (Not exceeding 46 kg)
<b>Fly</b>	119.1 lbs – 127.9 lbs (Over 54 kg & not exceeding 58 kg)	101.5 lbs – 108.0 lbs (Over 46 kg & not exceeding 49 kg)
<b>Bantam</b>	128.0 lbs – 138.9 lbs (Over 58 kg & not exceeding 63 kg)	108.1 lbs – 116.9 lbs (Over 49 kg & not exceeding 53 kg)
<b>Feather</b>	139.0 lbs – 149.9 lbs (Over 63 kg & not exceeding 68 kg)	117.0 lbs – 125.7 lbs (Over 53 kg & not exceeding 57 kg)
<b>Light</b>	150.0 lbs – 163.1 lbs (Over 68 kg & not exceeding 74 kg)	125.8 lbs – 136.7 lbs (Over 57 kg & not exceeding 62 kg)
<b>Welter</b>	163.2 lbs – 176.4 lbs (Over 74 kg & not exceeding 80 kg)	136.8 lbs – 147.7 lbs (Over 62 kg & not exceeding 67 kg)
<b>Middle</b>	176.5 lbs – 191.8 lbs (Over 80 kg & not exceeding 87 kg)	147.8 lbs – 160.9 lbs (Over 67 kg & not exceeding 73 kg)
<b>Heavy</b>	191.8 lbs and over (Over 87 kg)	161.0 lbs and over (Over 73 kg)

## Board Breaking

Board breaking will be offered this year at the 2015 Illinois Taekwondo State Championship.

## Weapons-will not be an event

Weapons will NOT be an event at the 2015 USAT National Championship, therefore, it is NOT being offered as an event at the 2015 Illinois Taekwondo State Championship either.

\* The Illinois Taekwondo State Association (ITSA) will provide Electronic Chest Guard for all divisions. There will not be Daedo socks for rent at the venue. All athletes must purchase their own socks before the competition.

\*In the event that a division only has one competitor, there may be an exhibition match but not guaranteed. We will publish a list of the sole competitors at the medal desk in the venue. The sole competitor must report to the medal desk for credential confirmation and medal.

## REGISTRATION

### Register Online

All participants must register via the USA Taekwondo's online system, Hang-A-Star: ([www.usat.hangastar.com](http://www.usat.hangastar.com)).

The State association will manage Hang-A-Star registration as well as any registration paperwork. The state association is required by USA Taekwondo to collect all paperwork associated with the competition.

### Registration Fee

Athletes		Coaches	
Single Event:	\$80.00	• Coaches registration fee:	\$50.00
Each additional event:	\$20.00		

### Registration Deadline

All participants must be current USA Taekwondo members. Please see the 'Governance, Requirements, and Rules' section of this document for additional information.

Early Registration	Late Registration
Ends March 2, 2015	<p>Ends March 9, 2015 is the absolute <b>FINAL DEADLINE</b> to register for this event.</p> <ul style="list-style-type: none"> <li>An additional fee of \$20.00 will be charged for coach and athlete late registration.</li> <li>Absolutely <b>NO</b> registrations will be accepted after March 9th.</li> </ul>

**NO REGISTRATION WILL BE ACCEPTED THE DAY OF THE EVENT  
NO REFUNDS FOR ANY REASON**

## SCHEDULE

### March 13, 2015: Weigh-in and registration

- All sparring competitors must weigh-in the day before the competition (March 13<sup>th</sup>).
- Athletes competing in Poomsae (Form) only do not weigh-in but must still register and pick up their credentials.

**Where:** Marriott Chicago Naperville

**Time:** Exact times will be posted on the ITSA Web site the week prior to the competition.

### March 14, 2015: Competition begins-9:00 AM

- No weigh-ins are permitted on the day of the competition. Athletes MUST weigh-in the day before.
- The state championship will begin with poomsae followed by breaking and sparring.
- All competitors must be at the venue's holding area, with their credentials, at least 30 minutes before their scheduled time.

Tentative Schedule			
Report Time	Age Group	Belt	Event
9:00 am	6-7	All Belts	Poomsae Follow by Breaking
9:00 am	8-9	All Belts	Poomsae Follow by Breaking
9:00 am	10-11	All Belts	Poomsae Follow by Breaking
10:00 am	12 & Up	All Belts	Poomsae Follow by Breaking
12:00 pm	Opening Ceremony		
12:30 pm	6-7	All Belts	Sparring ( <b>Daedo Socks needed</b> )
12:30 pm	8-9	All Belts	Sparring ( <b>Daedo Socks needed</b> )
1:00 pm	10-11	All Belts	Sparring ( <b>Daedo Socks needed</b> )
1:30 pm	12-14	Color Belts	Sparring ( <b>Daedo Socks needed</b> )
1:30 pm	15-17	Color Belts	Sparring ( <b>Daedo Socks needed</b> )
2:00 pm	18 & Up	Color Belts	Sparring ( <b>Daedo Socks needed</b> )
3:30 pm	12-14	Black Belts	Sparring ( <b>Daedo Socks needed</b> )
3:30 pm	15-17	Black Belts	Sparring ( <b>Daedo Socks needed</b> )
4:30 pm	18 & Up	Black Belts	Sparring ( <b>Daedo Socks needed</b> )



## GOVERNANCE

---

All sanctioned State Championships must use and follow the USA Taekwondo rules and regulations.

- For current sparring and poomsae rules please refer to the following link:  
<http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules>

## GOVERNANCE

---

### Requirements

#### Athlete Requirements

For full athlete requirements, please refer to USAT's Requirement document: <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules>

The following are some of the most notable requirements that athletes, parents, and coaches should pay special attention to:

#### Qualification of event contestants

All participants must be current USA Taekwondo members.

If you are not a CURRENT member of USA Taekwondo, you can signup online:

Membership fee: \$35.00 per year

Taekwondo schools/clubs may enroll their students

Membership benefits:

Athletes must hold the appropriate U.S. citizenship or U.S. residency depending on the division he/she participates in.

Birth certificate/passport may need to be presented at the time of registration with the Local Organizing Committee.

All black belt contestants must submit a copy of their:

Dan/Poom Certificate,

current USAT identification card, and

All contestants participating in a tournament are required to observe the decorum code of the USAT and the rules of the tournament. Violators face sanction by the USAT.

#### The Uniform for Contestants

##### Official Uniform (Dobok):

All contestants must wear a white Taekwondo V-neck USAT/WTF uniform (dobok) in good condition. Black Belts must wear black-collared uniforms. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed. NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM. (Exception: Taping the pants leg when using Protector and Scoring System sensor socks.)

### Protective Equipment

Contestants shall wear an approved trunk protector,

headgear (white, or red for Hong and blue for Chung),

The head protector must be firmly tucked under the left arm when entering the contest area, and shall be put on the head following instructions of the referee before the start of the contest.

groin guard (optional for female competitors),

gloves (see below),

forearm protector,

shin-instep protectors,

sensing socks (if using an electronic Protector and Scoring System) and

a mouth guard before entering the Contest Area.

The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform.

Wearing of any other items on the head other than head protector shall not be permitted.

This includes corrective vision equipment including glasses and sports goggles.

Serious eye injury may happen and therefore these items are not permitted.

A previously approved religious item shall be worn beneath the head protector and inside the dobok and shall not cause harm or obstruct the opposing contestant.

Athletes must compete in the age category according to the age he/she will be as of December 31, 2015.

### Coaching Requirements

For full coaching requirements, please refer to USAT's Requirement document: <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules>

The following are some of the most notable requirements that coaches should pay special attention to:

All coaches ARE required to hold at minimum an Associate Coach (AC) Certification within the USA Taekwondo Coaching Identification & Development Program (CIDP) and be a current member of USA Taekwondo.

Coaches may obtain the AC certification by passing the Associate Coach Quiz within the Hang-a-star system.

To obtain a USA Taekwondo CIDP AC certification, please see the following link: <http://www.teamusa.org/USA-Taekwondo/coaching>

In order to coach cadet, junior and senior black belts at the USAT National Championships, all coaches must hold a Level 1 certification through the USAT CIDP program.

More information about the Level 1 certification can be found at the following link. <http://www.teamusa.org/USA-Taekwondo/Coaching/Level-1-Seminar>

Parents are eligible to coach but must follow the above requirements

### Referee Requirements

For full referee requirements, please refer to USAT's Requirement document: <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules>.

The following are some of the most notable requirements that coaches should pay special attention to:

All referees over the age of 18 must have completed a background check in order to attend the seminar and competition.

All referees must be certified by USAT to referee at a USAT sanctioned State Championship.

ITSA will host a USAT Referee Seminar on Saturday, February 28, 2015

This seminar will ensure all referees participating in the event are up to date on certification and rule changes. First time seminar participants are permitted to referee at the Championship. Referees participating at the event will need to reference the USAT Referee handbook for certification requirements.

## Rules

All USAT State Championships must use and follow the USA Taekwondo rules and regulations. For full sparring and poomsae rules please refer to the following link, <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules.aspx>

USA Taekwondo only recognizes the following belt colors: Yellow, Green, Blue, Red and Black

All State Championships **ARE REQUIRED** to use electronic scoring for sparring divisions. It is recommended to use electronic body protector scoring (Daedo or Lajust), but Ringmaster or other electronic systems may be used.

Daedo/Truscore is the official electronic scoring system for the 2015 Illinois Taekwondo State Championship.

All State Championships must use a ring size of 8m x 8m with a 1 meter safety border on all competition rings. A 10 foot safety zone should be the minimum between rings.

All State Championships may choose the format they will follow for Poomsae divisions. Acceptable formats include, single elimination, double elimination, WTF cut-off, and judged format.

Competing in multiple state championships:

Athletes may compete in multiple state championships, however:

An athlete **MAY NOT QUALIFY** in the same **WORLD CLASS** weight category in **MULTIPLE STATE CHAMPIONSHIPS**.

If an athlete competes in multiple state championships and qualifies for the **WORLD CLASS** Division, it must be in **DIFFERENT** weight categories.

Athletes found qualifying in the World Class Division in the same weight category will jeopardize their qualification for the 2015 USAT National Championships.

Qualifying for both Junior and Senior divisions at the 2015 USAT National Championship

In certain circumstances an athlete may compete at the 2015 USAT National Championship in both the Junior and Senior divisions.

If requirements are met, he/she must compete in, and qualify for, both divisions at the 2015 Illinois Taekwondo State Championship.

Once qualified for World Class, an athlete is not eligible for Grass Roots divisions.

Exception – If a coach/parent provides to the USAT Director of Events a legitimate reason an athlete should not compete in the World Class division.

If approved, the athlete will be placed in appropriate Grass Root division, but cannot move back to the World Class division even if they place 1st at the USAT National Championships.

**\*\*The word *participating* means athletes must have officially weighed-in at the event scales and/or appeared on the competition mats in front of the event referees and received a place within their division**